

## Dear Patient,

Congratulations you've just received your new splint from your dentist!

It is our aim to make wearing this splint for you as agreeable as possible. Therefore we summed up the most important steps and hints for cleansing the appliance in this care instruction.

Obeying these hints, you can be rest assured that you'll enjoy wearing this splint with outstanding functionality and transparency for a long time.

Please be aware that strong aromatic food and beverages, such as nicotine, coffee, tea and coke may lead to considerable discolorations of your splint already after a short period of time. This refers in particular to splints with soft components. Therefore it is recommended to drink only clear water while wearing the splint.

Moreover, please make sure not to use organic solvents, such as alcohol, acetone etc. for cleansing. Some products on herbal basis used for temporary treatment of inflammatory conditions of the oral mucosa, especially vesicles as well as for symptomatic treatment of gingivitis may lead to strong discolorations, maceration and destruction of the resin components and therefore should be strictly avoided (in Germany e.g. PYRALVEX®). Discolorations may also occur due to interactions of metallic dental fillings/ inlays and metallic denture parts (amalgam, chromium cobalt molybdenum or any alloys with reduced precious metal components).

Cleansing carefully the resin and eventually the metallic parts of your splint will maintain its agreeable wearing qualities for a long period of time. Please take care of the following hints: It is recommended to clean your splints every day with care products from our CETRON® line. You can purchase these products from your dentist or your laboratory. Alternatively, you can clean your splint with tooth paste, tooth brush and clear water.

Please make sure to clean your splints before and after wearing thoroughly with clear water in order to remove saliva and any other film. Moreover, make sure to clean and rinse your mouth and teeth every time before inserting the splint.

Before putting the splint in its storing box, the splint should be completely dry; Let it dry in open box if necessary. Please make sure not to use hot water, superheated steam, ultrasound treatment or any other cleansing methods exceeding 40°C. This might have an adverse effect on the high quality, but sensitive thermoplastic resin of your splint or lead to a deformation of the splint, thus impairing its fitting.

Please contact your dentist if you have any questions regarding care and cleansing of your splint.